

# Baby Massage Workshop

Thursday, October 18  
and  
Saturday, October 27  
10-11 am



Learn to message your baby in a fun interactive workshop setting.



Learn about the importance and benefits of baby massage as well as instructional techniques on how and when to massage your infant.

*“Dr. Lifschitz has helped not only my baby’s well being, but mine as well. The workshop introduced me to the power of nurturing touch and respectful communication.”*

Presented by Dr. Scott Lifschitz, D.C., QME, and Dr. Eric Blum, D.C., board certified chiropractic family and sports physicians, qualified medical examiner and daddy’s!

## SOME BENEFITS OF INFANT MASSAGE

- Promotes bonding and attachment
- Promotes body-mind-spirit connection
- Enhances communication
- Reduces stress and promotes deeper sleep
- Improves muscle tone and coordination
- And much more!

**Oaks Chiropractic Center**  
**Dr. Eric Blum**  
**Dr. Scott Lifschitz**

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**FREE CLASS!**

Space is limited.

Please call to reserve a place ▶▶▶

888-OAKS-911